

Purpose

To provide individuals with:

- An educational opportunity to learn about ADHD, Autism, & Other Disabilities on the Spectrum.
- A network of people who may help to ease feelings of isolation.
- An opportunity to ask questions in a safe environment.

For further information or questions, please contact:

Brenda Brookman
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bpbrookman@aol.com

or

Connie Simonson
952-431-5667
conniesimonson@charter.net

or

SOTV staff liaison:

Julie Opheim
Adult Ministries Director
952-985-7331
julie.opheim@SOTV.org

Who Can Attend

These meetings are open to everyone in the community!

Time

Monday evenings,
6:45 PM—9:00 PM

Fees

Cost per session varies.
See payment information below each presentation title.
Scholarships available.

Registration

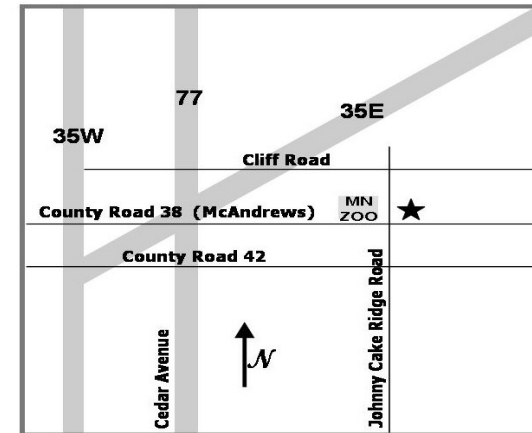
Adults register at the door.

KidCare is available:

\$5.00/per child/evening

Pre-registration & payment is required ONLY for KidCare (6 weeks—12 years old).

Go to www.sotv.org/events and look for ADHD KidCare. Questions? Call 952-985-7357



Shepherd of the Valley Lutheran Church
12650 Johnny Cake Ridge Road
Apple Valley, MN
952-432-6351
www.sotv.org

Shepherd of the Valley is located at the corner of Johnny Cake Ridge Road & McAndrews Road (Co. Rd. 38), near the Minnesota Zoo

ADHD, Autism, & Other Disabilities on the Spectrum

2011-2012

**Bringing
Education & Support
to the
Community**

SOTV is pleased to provide space for this support group. This does not imply endorsement of speakers or information presented.

Schedule for 2011-2012

Monday, September 26, 2011

Help for Disconnected Kids: ADHD, Autism, Aspergers, Learning Disabilities, Reading & Other Spectrum Disorders

No cost for this presentation.

Dr. David Stussy, Chiropractor, Health Physician & Executive Director of Brain Balance
Jennie Novellino, Director of Brain Balance

This lecture is designed to help you gain a deeper understanding of your child's developmental delays. Dr. Stussy will explain these delays as a functional imbalance of brain activity between the left and right sides of the brain. He will demonstrate how Brain Balance, a drug-free approach, can reverse symptoms of ADHD and also teach strategies.

Monday, October 17, 2011

Homeopathy: A Natural Approach to Healing for Children & Adults with Behavioral Challenges & Focusing Issues

Cost: \$10/individual or \$15/family

Debra Sax Annes, RSHom, CCH, Minnesota Center for Homeopathy

Discover how homeopathy can safely strengthen & balance the immune system, not only on the physical level, but on the mental & emotional level, leading to better concentration, clarity, & organizational skills.

Monday, November 14, 2011

Unlock the Einstein Inside: Applying Brain Research to Unlock Learning Potential

No cost for this presentation.

Rich Frieder, Learning RX

This course is recommended for parents seeking knowledge & understanding of the effects cognitive skills – attention, visual & auditory processing, working & long-term memory, among others - have on learning. Attendees will receive knowledge & understanding as well as practical strategies to apply in the home or classroom. The course is fun & interactive & provides methods & tools in detecting individuals with weak cognitive skills & strategies to strengthen these skills.

Monday, December 5, 2011

Success Strategies for Living with ADHD in Young Adults

No cost for this presentation.

Robin Nordmeyer, Strategic Life Coach specializing in ADHD

Managing ADD & a greater level of independence presents it's own unique challenges as high school students & young adults prepare to move away to attend college or have a place of their own. Living with a budget, keeping track of time, staying organized, taking care of themselves, making new friends & focusing on a new career can be a lot to juggle. This hands-on & interactive workshop is geared towards high school students, young adults, and/or parents & will address these challenges & provide helpful strategies to avoid some of the common pitfalls in the next stage of their life.

Monday, January 23, 2012

Beyond the Label: Practical Tools & Resources

Cost: \$10/individual or \$15/family

Linda Vettrus, Special Education Teacher

Linda Vettrus believes that any student can find success when the right approach is used at the right time. Join her as she helps you explore activities to support life with anyone dealing with ADHD, Autism, & other Spectrum Disorders. Discover how you can tap into the power of the reflexive & automatic systems of the brain. Gain practical tools to help yourself & others cope with life. Learn about ways to move out of labels & avoid jumping from one treatment modality to another.

Monday, February 27, 2012

Introduction to Biomedical / Functional Medicine Treatments for Autism, ADHD, Sensory Integration Disorders & Mental Health Disorders

No cost for this presentation.

Stephanie Belseth, MAN, CPNP, founder of Newbridge Clinic

This talk will focus on common foods that can help symptoms & underlying health issues, as well as foods that exacerbate symptoms & underlying health issues, eliminating food intolerances & allergies, determining nutritional deficiencies & biochemical/ metabolic/ neurotransmitter imbalances, adding nutrients, correcting these imbalances, & eliminating toxins/chemicals as needed. Relevant research will be cited to support these treatments, which have a high success rate of improving/reversing symptomatology & improving quality of life for individuals & families.

Monday, March 12, 2012

A Proven Non-Medicinal Approach to Reversing ADHD, Autism, Aspergers, Learning Disabilities & Other Spectrum Disorders

No cost for this presentation.

Dr. David Stussy, Chiropractor, Health Physician & Executive Director of Brain Balance
Jennie Novellino, Director of Brain Balance

This lecture is designed to help understand what is "going on" with people who struggle with developmental delays. These delays will be explained as a functional imbalance of brain activity within each side and between the right and left sides of the brain.

Monday, April 2, 2012

Understanding Autism & how Applied Behavior Analysis (ABA) & Applied Verbal Behavior (AVB) make a Difference

No cost for this presentation.

Staff from Partners In Excellence

- Gain a better understanding of Autism Spectrum Disorders (ASDs), including symptoms, potential causes, prevalence, & common treatments.
- Learn the basic concepts of ABA & AVB therapies, the only current evidence-based intervention for ASDs, & how those concepts are used to help children with ASDs develop better language, learning, & coping skills.
- Understand ways you too can use these concepts in your interactions with a child to help the child develop & generalize their learning.