



### THE BRUNCH BUNCH FOR OCTOBER

- COMING SOON

*<sup>10</sup> If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up. Ecclesiastes 4:10 (NIV)*

Welcome to all the new MOPS moms this year & to all those who are returning! We are so blessed to have 36 moms this year!! Our Moppets program is brimming over with children - we have filled every available slot. It is looking like we are off to a great start for this 2011-2012 year!!

### NEXT MEETINGS

- Oct. 13<sup>th</sup> – Operation Christmas Child with speaker Erin Armstrong – (see email)
- Oct. 27<sup>th</sup> – Games and MOPS Swap (See page 2 for details...)



### MARK YOUR CALENDAR

- Nov 17<sup>th</sup> – (Thursday) MNO/Outreach: We will be having dinner at Panera Bread in Eagan from 6:30 – 7:30 and then we will be heading over to Feed My Starving Children for an 8:00 food packing session. If you can't make it to both, please feel free to attend one or the other.

<http://www.fmsc.org/>

## REMINDERS

There are just a few reminders regarding childcare to ensure that our children get as much out of MOPPETS as possible...

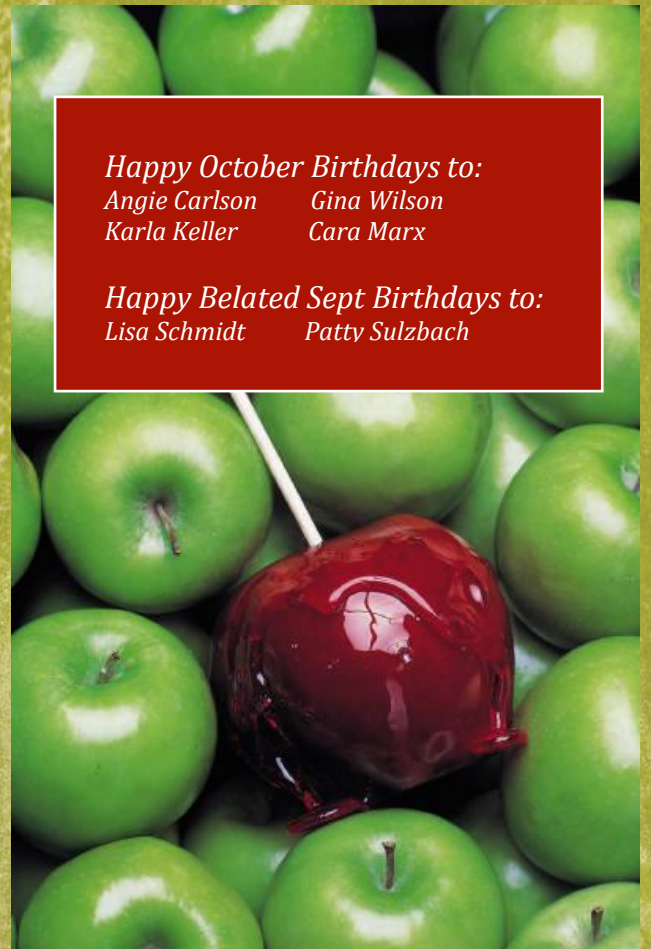
- If you have a child in Kid Care or the nursery, please try to drop them off by 9:30. There are certain circumstances that cannot be avoided but the babies and toddlers relax faster when they are not looking to see if it's Mom who is coming in. ☺
- Be sure to take your potty trained children to the bathroom before MOPPETS. Every time a teacher has to leave the room with an individual child for a potty-break, it leaves the class with one less teacher. There is a scheduled potty-break at 10:30.

## SEMI-ANNUAL MOPS SWAP!! OUT WITH THE OLD, IN WITH THE SLIGHTLY NEW



Bring things you are interested in passing along to someone. Anything unclaimed will be donated. Bring some bags along to take home "new" treasures in too. Some ideas include...

- New or gently used clothing (mom's or child's)
- Outgrown diapers
- Toys
- Books and magazines
- Housewares
- Shoes
- ...and more



*Happy October Birthdays to:*  
Angie Carlson      Gina Wilson  
Karla Keller        Cara Marx

*Happy Belated Sept Birthdays to:*  
Lisa Schmidt        Patty Sulzbach

*Smile! You are the apple of His eye!*

### ***Sunshine News:***

Congratulations to all the mothers of babies born over the summer!

### ***Mothers of Moppets-To-Be:***

*Kelli Lewis - Mid October*

*Angie Carlson - Early February (Twins!)*

*Nikki Arnes - End of February*

*Jeni Schmitt - End of April*

*Sara Boccia - End of April*

**Please keep these moms in  
your prayers!**



### **MOPPORTUNITIES**

**Uppercase Living** offers inspirational vinyl decor (text and graphic) that look hand stenciled. They are available in your choice of 50+ colors and three sizes. Custom lettering is as little as \$1 per letter and in your choice of 40 fonts! It can be placed on any smooth surface: walls, windows, car windows and paint, and is completely removable when you re-decorate. We now offer Blume jewelry designed to let you express yourself with words, initials, birthstones, and embellishments (charms) on a huge variety of necklaces, bracelets, and earrings. Especially exciting is the link that allows you to clip these embellishments on ANY of your jewelry and remove them as well. You don't have to thread them over the clasps or beads, they snap like a "d" shackle. We feature bracelets from Ghana glass beads (recycled bottles) where the proceeds go to Habitat for Humanity and others and fantastic recycled paper beaded necklaces from a woman's cooperative in northern Uganda. These beads are fair trade beads! The components are globally sourced, but most of the finished jewelry is assembled at our office in UTAH! You may click the link below to view the products or ask me for a catalog! I also have a GIFT REGISTRY so if you see something you'd like for a gift, I can drop a "hint grenade!"  
<http://kristinadalton.uppercaseliving.net/OnlineCatalog.m>

**Sara Boccia Photography** –  
<http://sboccia.zenfolio.com/>

## **RECIPE OF THE MONTH**

### **Potato Ham Casserole**

*By Angie Carlson*



1 (32 ounce) package frozen hash brown potatoes,  
thawed

- > 1/2 cup of margarine, melted
- > 1/4 cup finely chopped onion
- > 1 (10 3/4 ounce) can of cream of chicken soup
- > 2 cups sour cream
- > 2 cups shredded cheddar cheese
- > 2 pounds of fully cooked ham, cut into cubes
- > 1/2 cup Italian bread crumbs

Preheat oven to 350 degrees. Spray casserole pan 13X9 with non-stick cooking spray. Combine hash browns, margarine, onion, chicken soup, sour cream, cheddar cheese and ham; mix well. Pour into pan. Top with bread crumbs. Bake uncovered 1 hour.

### **Contact Info**

To contribute to the monthly MOPS newsletter, please email [sara\\_boccia@hotmail.com](mailto:sara_boccia@hotmail.com). Any suggestions or contributions are appreciated.

<http://www.sotv.org/children/mopstham.shtml>

### **Like us on Facebook:**

<https://www.facebook.com/pages/SOTV-Thursday-Morning-MOPS/231060102925>