

MOPS Nursery and MOPPETS Guidelines

Is Junior having a hard time separating during the meeting, or are you? We understand what that is all about. And while we are sensitive to separation issues, we also know that this break at MOPS is the only one many moms receive. In order to allow all of our moms the opportunity to make the most of this time of rejuvenation, we ask you to follow these guidelines for the nursery and MOPPETS.

- ☺ *We encourage all children to attend MOPPETS. The caregivers have been carefully chosen to lovingly care for your children while you get a bit of a break. Children attending MOPPETS also get a sense of having a consistent care provider other than mommy. The rooms are broken down into different age groups to provide the maximum amount of safety and age appropriate activities as possible for each age group of children. We will not allow your child/ren to just cry...we will come and get you if we need you! Also, please try to avoid picking up your children early since this makes it very difficult for the other children who are then expecting their mothers to come at the same time.*
- ☺ *Healthy children only please. If you would still like to attend the meeting even without being accompanied by your children, we ask that you find someone to care for your sick children off-site.*
- ☺ *We discourage mobile children in the room with the moms. The reason for this is two-fold...our meeting room is not childproofed! There are many coffee cups, pots and many other safety distractions for mobile children. The other reason is for distractions, for yourself, the other moms and the speaker.*
- ☺ *If your child is in the room with you and becomes fussy or upset, please take him/her into the hall to help calm down. Please join us again as he/she settles.*
- ☺ *If your child is having a hard time at drop off at MOPPETS, please talk to one of the steering members. We have a lot of ideas for helping ease the transition for both yourself and your child, so that you both enjoy your time at MOPS.*
- ☺ *Please pick-up your children right after the completion of the meeting because our teachers and nursery workers have other engagements after 11:30. If you would like to stay around after the meeting to visit we ask that you do this with your children.*
- ☺ *Most of all, remember, you will have more energy to be a great mom when you feel refreshed. Take advantage of this special time at MOPS for yourself, you deserve it!*