



[www.sotv.org](http://www.sotv.org)

# News for the Flock

August 28 - September 10, 2010

*"We are passionate about fostering faithfulness to Jesus along our individual and shared journeys of faith."*

## Upcoming Bible Studies

### **Divine Drama: The Biblical Narrative (Part 1) ★**

Tuesday mornings 9:30-11:30 AM

September 14- December 14

Cost: \$20 KidCare: \$56 per child

Led by Sanna Ellingson

[sanna.ellingson@gmail.com](mailto:sanna.ellingson@gmail.com)

-OR-

Thursday evenings 6:30-8:00 PM

September 16 - December 16

Cost: \$20 KidCare: \$39 per child

Led by Mark & Carrie Gamm and Dale Reed

*The Divine Drama—The Biblical Narrative* outlines the biblical storyline from creation to Jesus the Messiah. We will uncover the narrative that weaves its way through the Old Testament, so that we can better understand Jesus' life and teachings. *The Divine Drama—Our Narrative (Part 2)* will be offered starting in January.

### **Romans: A Six Week Bible Study ★**

Tuesdays 7:00 – 8:30 PM

September 28 - November 2

Led by Pastor Duane Paetznick

### **Friday Morning Bible Study ★**

Fridays 9:30-11:30 AM

October 1– November 19 (except October 22)

Led by Pastor Mary Lund Cost: no charge

### **Crossways: Year 1 ★**

*Begins September 13*

Monday mornings 9:30-11:30 AM –OR–

Monday evenings 7:00-9:00 PM

Led by Char Kilgore Cost: \$40 per year

### **Bible Basics 101**

Tuesdays 7:00-8:30 PM

October 5, 12, 19 & 26

Led by Mark Gilligan Cost: no charge

This is a beginners Bible study for those who have had little or no Bible study experience yet would like to know more about our book of faith.



**Begins  
September 11**

### **In the Sanctuary**

Saturdays at 5 PM

Sundays at 8:30, 9:45 & 11 AM

Holy Communion is celebrated at all services on the first and third weekends of every month.

### **The Table in the Great Hall**

Sundays at 9:45 & 11 AM

an alternative worship with weekly Communion

## September Toy Collection

The Park Nicollet Melrose Institute, located in St. Louis Park, is a national center for the treatment of eating disorders. They are in need of new or gently used leisure time items for the patients and their visitors (boys and girls).

Board games, arts & craft items or kits, and puzzles for ages 6 and up; G, PG or PG-13 rated DVD's; and adolescent age-appropriate books.

Donations can be dropped off at the Collection Box in the Narthex during September.

Contact Karen Piehler-Shaw  
612-210-5131.

## Golf for the Good Fundraiser

### **Tournament & Banquet Sunday, September 12**

Do you need to be a good golfer to golf in Golf for the Good? No, the popular fall fundraiser is open to golfers of ALL skill levels.

- 1:00 PM: Golf Tournament at Southern Hills Golf Course in Farmington (*registration begins at 11:45 AM*)
- 6:15 PM: Banquet Dinner at Shepherd of the Valley includes a raffle for valuable items (including dinners with the pastors- and the pastors are not cooking!) and prizes will be awarded to the golfers.

### **Costs:**

18 hole scramble & banquet: \$70 / person

Banquet only: \$20 adults / \$10 children (K-12th grade)

Participants will take part in choosing the ministry event proceeds will benefit: Tungamalenga Partnership, Community Meals, Caring for Creation, Military Family Support, Caring Ministries, and Hurricane Relief.

### **Register:**

Online at [www.sotv.org](http://www.sotv.org) or at the Welcome Center.

### **How you can support this fundraiser event for Social Concerns & Justice ministries:**

- Purchase an "honor sponsorship" for \$75—A recognition sign will be placed on a hole to celebrate your anniversary, birth of child, etc
- Sponsor a hole—Gold sponsor: \$300; Silver sponsor: \$250; Bronze Sponsor: \$200; Hole Sponsor: \$100
- Donate a raffle or prize item: gift certificates, event tickets, or new items

If you are interested in supporting this event please contact: [Pastor Duane Paetznick](mailto:Pastor Duane Paetznick) 952-432-6351 or Royce McEwen 952-412-5789.

*The names of all sponsors will be listed in the banquet program, on tournament posters, and mentioned at the banquet. Donations are tax deductible.*



Shepherd of the Valley Lutheran Church, ELCA • 12650 Johnny Cake Ridge Road, Apple Valley, MN 55124

Children, Youth & Family Ministries Office: 952-432-6385 • Church Office: 952-432-6351 • Website: [www.sotv.org](http://www.sotv.org)

### **SUMMER WORSHIP SCHEDULE (through Sept 5)**

Celebration (traditional worship) in the Sanctuary on Saturdays at 5:00 PM & Sundays at 8:30, 10:30 AM

'The Table' (alternative worship) in the Great Hall on Sundays at 10:30 AM • Cabin Worship in the Chapel on Mondays at 7:00 PM

## Artist Corner

a fellowship of SOTV artists

Saturday, September 11

Art outing to Old Fort Snelling. Open to any SOTV member, bring any medium of your choice. For full details contact Dick Reynolds at [dick@atomba.com](mailto:dick@atomba.com)

On average, our food shelf supports 12 families per week with an average of 53 bags of groceries per week. It is amazing to think that the donations from our food drive will only last a few months. Please continue to remember the food shelf. We'll continue to list our most urgent food shelf needs starting again next week.

If you are interested in volunteering, please sign up and pick up the necessary forms at the Welcome Desk. Contact Robin Sorenson at 952-997-6877 or [ranchoakmn@charter.net](mailto:ranchoakmn@charter.net).

### The following items are greatly needed for the food shelf this week:

The following items are greatly needed this week: soup, tuna, canned fruit, spaghetti noodles.

The food shelf cannot use expired items. Please check items for expiration date.

## 20'S & 30'S

### Spiritual Evening with Pastor Duane ★

Sunday, September 26 6:30 PM

Bring a dish to share

Pastor Duane Paetznick will lead a discussion on the book, "The Biology of Belief: Unleashing the Power of Consciousness, Matter, and Miracles." by Bruce H. Lipton, Ph.D. It is not necessary to read the book ahead of time. We will meet at the fire pit if weather permits, otherwise we will be indoors. Contact [20s30s@sotv.org](mailto:20s30s@sotv.org) with questions.

## For Seniors (55+)

All seniors (55+) are welcome to the upcoming events sponsored by the O.K.s (Older Kids.) Stop by the Welcome Center to register or get more information.

### September 22-24: Wapo Senior Days Retreat

**Monday, October 4: Bus trip to Stillwater;** includes trolley ride, lunch, bus ride and later a stop at an apple orchard. Cost to be determined but most likely \$30-32 per person. Leaving church at 9:15 AM

★ Register [online](#) or at the Welcome Center

## Our Daily Bread Food Shelf

### 6,130 lbs! We Did It!

We surpassed our food drive goal by more than 22%. We collected 6,130 pounds of food!! Thank you so much for your generous donations and support for Our Daily Bread. Your donations will nourish the body and spirit of families in need for months to come.

## For Women...

### Women's Evening Bible Study ★

"Anointed, Transformed, Redeemed: A Study of David"

Mondays, September 13 – October 25 7:00 – 9:00 PM

Cost: \$20 Contact: Lisa Wolff 651-688-7128

In this study, Beth Moore, Priscilla Shirer and Kay Arthur explore the life of David. Each author focuses on a different stage of David's life and journey with God. You'll laugh with them, cry with them, and learn to love God with them.

### Tuesday Morning Beth Moore Bible Study ★

"Breaking Free: The Journey, The Stories"

Tuesdays, September 14 - December 7 9:30 - 11:30 AM

Cost: \$20 / Kidcare: \$48 per child

Beth Moore leads you through a study of Isaiah, to discover the transforming power of freedom in Jesus Christ. Using scripture to help identify spiritual strongholds in your life, no matter how big or small, Beth explains that anything that hinders us from the benefits of knowing God is bondage. Small groups will be selected randomly for this session. Questions? Please contact Patti at [pjklefsaas@hotmail.com](mailto:pjklefsaas@hotmail.com).

### Women's Fall Breakfast ★

"Faithful Lives - Fearless Living"

Saturday, September 25

9:00 - 11:00 AM

Cost: \$10

Please join us for a special morning of faith stories as shared by our friends in Christ: Susan Ferber, Ann Genrich and Gale Thomsen. Special food and music will make the morning very enjoyable, indeed. Fuzzy socks or inspirational or plain colored mugs are encouraged to be brought for our Hug Bags ministry. Hope to see you for our fall kick-off!

## For Men...

### Bible Studies

- **Tuesdays 6:00 - 7:00 AM** Currently studying the Gospel of John
- **Wednesdays 6:00-7:15 PM** (beg Sept 15) Studying the Act of the Apostles
- **Fridays 6:30-8:00 AM** This group is currently studying Anthony de Mello's book, "Awareness: The Perils and Opportunities of Reality." De Mello was a Jesuit priest known throughout the world for his writings and spiritual conferences.

### New Men's Bible Study ★

"Quiet Strength" by Tony Dungy

Thursdays, October 7 - November 18 (except Oct 21)

7:00-8:30 PM

Led by Pastor Chris Steubing & Brian Green

Cost: \$11 (for the book)

Join Tony Dungy, Super Bowl-winning Head Coach, on a journey to becoming a genuine man of God - a way of Quiet Strength. Discover God's game plan for a winning life and in the process, find answers to six common questions that men often deal with: *What's my game plan? What's my strength? What's my success? Where's my security? What's my significance? What's my legacy?*

### Coffee for Men on Wednesdays

Visit over a cup of coffee each Wednesday at 9:00 AM in the atrium area of the narthex.

## Care & Support Groups

For more information about the following support groups please contact Julie Opheim at 952-985-7331 or [julie.opheim@sotv.org](mailto:julie.opheim@sotv.org)

### Women in New Konnections (WINK)

Join the WINK women each Saturday, 6:00 -6:15 PM or Sunday, 10:15-10:30 AM at the round table near the Welcome Center. This is a point of contact for women who come to church alone.

#### Upcoming Event

- Saturday, September 11 at 10:00 AM: Brunch at Al Baker's in Egan

### The Depression Support Coaliton

Shepherd of the Valley is a member of the Depression Support Coalition which has developed a program of monthly informational talks led by healthcare professionals and clergy, educated and experienced about depression. These talks offer information, education, support, and spiritual hope to those affected by depression — as well as their families.

#### "Teens and Depression"

With Louise Griffith, MA, LP, Psychologist  
Monday, September 13  
7:00-8:30 PM

Location: Mary, Mother of the Church,  
Catholic 3333 Cliff Road, Burnsville  
Contact: Jamie Moloney 952-890-0045.

#### Weekly Support Meetings

6:30 PM every Tuesday evening at Prince of Peace Lutheran Church in Burnsville.  
Contact: Richard Erickson 651-788-0275.

### New Ministry! S.A.I.L (Showing All Individuals Love)

Shepherd of the Valley is beginning a Special Needs Initiative with a focus on ways to improve worship, education and support for individuals with special needs. We are evaluating our current programming and will be working to find ways to meet the needs of people of all abilities.  
Contact: Julie Bentley at 651-683-0635.

### Compassionate Friends South of the River

Meets every 3rd Tuesday of the month at 7:00 PM. For all parents who are grieving the loss of a child of any age from any cause.

### CBC (Challenged by Cancer)

Women meet every 2nd Tuesday 7:00-9:00 PM at SOTV. An opportunity for women living with cancer to gather and support one another.

### Parish Nurse

Parish Nurses intend to be a knowledgeable caring presence to you in your health/faith life. Whether this is in your home, at church, at the coffee shop or on the phone. They have many resources for you to use to find the information you need.

If you want to talk with a parish nurse you can call the message line at 952-985-7365 or find them in the narthex on the 2nd and 4th weekends of the month.

Rose Mahlum, RN; Sharon Mertz, RN;  
Cher Nelson, RN; Lori Henke, RN;  
Becky Wilken, RN, Pat Drake, RN

<http://www.sotv.org/Care/ParishNurse.shtml>

### Stretch & Pray

Saturdays 8:30 - 9:30 AM

Drop in any Saturday for stretching, focused breathing and prayer. These stretches help reduce muscle tightness and improve core strength and flexibility. Sessions are led by Deb Hellam, a certified personal trainer and certified in corrective exercise through the National Academy of Sports Medicine. This class is sponsored by the parish nurses. Check each week for meeting location — most often we will meet in rooms 21/22. Bring an exercise mat and wear comfortable clothing.

### DivorceCare ★

Tuesdays, September 14 – December 7  
6:30 – 8:30 PM.

Cost: \$15 (for the workbook)

DivorceCare is a video series featuring some of the nation's experts on divorce and recovery topics. Each week a different topic is featured in the video which is followed by an opportunity to share your real life experience in a support group setting. DivorceCare provides an opportunity for education and support for those separated, going through divorce, or who have recently gone through divorce. Scholarships are available.

### GriefShare Support Group ★

Tuesdays, September 14 - November 16  
6:30 - 8:00 PM

Cost: \$15 (for the workbook)

GriefShare is a video series that features some of the nation's foremost Christian experts on grief and recovery topics. Each night combines a video session with a grief support group discussion time. This group will be facilitated by Pastor Diane Sponheim and Pat Drake, Parish Nurse.

### Job Connection Group

Meets at the Prince of Peace Christian Life Center every Tuesday 6:30-8:15 PM. This group is led by individuals from both SOTV and Prince of Peace. If interested in being part of this steering committee, please call the HOTLINE: 952-898-9388. or visit <http://www.princeofpeaceonline.org/jcg>

August 31: "Getting ready for renewed job search"

### Faith Partners: Promoting Checmical Health

Faith Partners is a team of volunteers who desire to promote substance abuse education, prevention, and recovery in our community. For more information call Scott Harrold 952-431-2566

### Knitters & Crocheters

Knit 1 Prayer 2 is always looking for new (and not new) people to make Prayer Shawls for this very important ministry. Prayer Shawls are given to those who are sick, grieving, or going through hard times. If you are interested in creating Prayer Shawls please contact Kristen Holien at [kristen.holien@sotv.org](mailto:kristen.holien@sotv.org) or 952-985-7318.

### SOTV Job Opportunities

See job descriptions at [sotv.org/employment.shtml](http://sotv.org/employment.shtml). Please submit applications to Jennifer Maxwell.

- Kitchen Ministry Coordinator; PT 20-25 hours/week
- PT Music Coordinator

### How has the recession impacted your life?

Are you and others you know faring well through the current economic recession? Or, are there hardships that you or others are finding unmanageable? At wits end? We'd like to know so we can talk with you and find ways to help. You can contact Pastor Chris Smith confidentially. Thanks! [chris.smith@sotv.org](mailto:chris.smith@sotv.org) / 952-985-7305

### Light of the World Lutheran Church

Worship is held at 10:00 AM on Sundays at North Trail Elementary School, 5580 170th Street in Farmington..  
[www.lotwl.com](http://www.lotwl.com)

★ Register [online](#) or at the Welcome Center

# Announcements August 28, 2010

Children, Youth, & Family 952-432-6385



## 2010-2011

### For Children Preschool\* - Grade 5

\*3 years old by September 1, 2010

Sundays 8:30, 9:45 & 11:00 AM

Wednesdays 4:30 & 5:45 PM

- Cost: \$45  
Register [online](#), in the CYF office or the Welcome Center.
- This year we will be doing a special Zone 45 PILOT PROJECT for 4th and 5th graders during the Sunday 9:45 and 11:00 AM and Wednesday 4:30 and 5:45 PM sessions. Activities will be geared toward preparing children for confirmation.

#### Volunteers Needed!

Volunteers are needed to engage children in small group activities during each session. Youth and adults are also needed to assist with skits and music leadership/accompaniment during large group time. High School youth and adults are invited to assume leadership roles and middle school youth are invited to assist them. To volunteer, please sign up [online](#), in the CYF office, or at the Welcome Center.

- *Middle School & HS Leader Orientations:* Thursday, Sept 9 -OR- Sunday, Sept 12 at 6:30-8:30 PM
- *Adult Leader Orientations:* Thursday, Sept 16 at 6:30-8:30 PM -OR- Sunday, Sept 19 at 1:30 PM (KidCare provided)

#### GodZone Parent Open House ★

Tuesday, September 21 -OR-  
Thursday, September 23 at 6:30-7:30 PM

Parents and children are invited to "cruise" through several information points to receive resources, calendars and other program insights. There will also be a mini-Tool Time with music, a skit and drawings for Family Time prizes.

**PBS** (Panera Before School)  
Mondays at 6:30 AM  
(when high school is in session)

What a great way to start your week—time to check in with faith friends, read a bit of scripture, and pray (not to mention enjoy a tasty breakfast treat). [Katie Heilman](#) and other youth staff will meet you in the early mornings at the Apple Valley Panera (off Cedar and County 42), and we guarantee you will make it to school on time, perky as can be.

#### Bibles Gifted (to Age 3 & Grade 3)

Sunday, September 12 ★

Children and their parents are invited to a special learning event. Each child will also receive an age-appropriate Bible along with a blessing during the 11:00 AM worship service.

**PRESCHOOLERS:** (birthdates 9/1/06 -8/31/07) 10:00 AM - Noon  
*(Including 11:00 AM worship)*

**3RD GRADERS:**  
11:00 AM - 1:00 PM  
*(Including 11:00 AM worship and a light lunch)*

## 2010-11 Confirmation

**REGISTRATION FOR 6TH-9TH GRADERS IS UNDERWAY!**

- Information is available at [www.sotv.org](http://www.sotv.org).
- Register [online](#), download and print a form at home, or pick one up at the CYF office.
- Contact Barb Schulz [barb.schulz@sotv.org](mailto:barb.schulz@sotv.org) / 952-985-7351

## Baptisms

SOTV celebrates the Sacrament of Baptism every second weekend of the month during regular worship services and, as needed, every third weekend of the month at a separate baptism service at 12 Noon in the summer months (June-August.)

**TO SCHEDULE:** Please contact Jill Johnson at 952-985-7381 to schedule your baptism\* with the church one to two months in advance. Baptism forms must be completed prior to scheduling a baptism and are available at the Welcome Center or [online](#).

\***BAPTISM CLASS:** The baptism class is required only for families preparing for their first baptism at SOTV. This class is offered every first Thursday of the month and is led by Pastor Mary Lund. Parents are welcome to bring babies to class as KidCare is not available. [Register online](#) or contact Jill Johnson at 952-985-7381.

## Friday Mornings Out (FMO)

FMO is a theme based curriculum open to children ages 2-5 years. It is not a preschool, but children enjoy a variety of structured activities such as crafts, gym time, story time, free time, snack time and more.

FMO is at capacity for the 2010-2011 school year. If you are interested in being placed on the wait list, please contact Susan Mitsch at 952-985-7354 or [susan.mitsch@sotv.org](mailto:susan.mitsch@sotv.org).

## Mothers of Preschoolers (MOPS)

MOPS is taking registrations for the 2010-2011 school year. Join us now and avoid the wait list! The group is open to all mothers with children ages birth through kindergarten. We meet bi-monthly from 9:30-11:30 AM at the church. Join us for brunch, fellowship, outreach projects, crafts and speakers as we grow closer to God and build friendships. Visit our website and register to join us this September: <http://sotv.org/children/mopstham.shtml>

## Mom's Group

Mom's Group meets weekly and provides an opportunity for women to have fellowship with one another. We meet on Wednesday mornings from 9:30-11:15 at the church, and childcare is provided. The first day we will meet for 2010-2011 is September 15th. <http://sotv.org/children/momsgroup.shtml>

★ Register [online](#) or at the Welcome Center

