

# Children, Youth and Family (CYF)

News & Events | August 6-7, 2011

CYF Office: (952) 432-6385



## Registration for 2011-2012 is open!

Children, 3 years old (September 1, 2011) - Grade 5 are invited to join **GodZone: Faith Under Construction** as they build their own character and faith through age appropriate large and small group activities. The first sessions of GodZone 2011 will be on Sunday, September 25 at 8:30, 9:45 and 11:00 AM and Wednesday, September 28 at 4:30 and 5:45 PM.

**Volunteers Needed!**  
Hundreds of volunteers are needed to be small and large group leaders and resource prep people. Please consider sharing your time and gifts in this way!

**You may register online, at the Welcome Center or at the Children, Youth and Family (CYF) office. Questions call (952) 432-6385.**

## Confirmation (Grades 6-9)

Registration for 2011-2012 is now open.

Confirmation meets during the school year on Wednesday nights. Youth in **6th or 7th grade** can choose from one of the following times: 3:15, 4:30, 5:45, or 7:00 PM. Classes for **8th grade** meet at 3:15, 5:45 or 7:00 PM (no 4:30 class). The entire **9th grade** class meets at 7:00 PM.

You may register online, at the Welcome Center or at the Children, Youth and Family (CYF) office. Questions? Call (952) 432-6385.

## High School (Grades 9-12)

Journey to Haiti: 2012

Thinking about Summer 2012? We are! Shepherd of the Valley will be sending a group of senior high youth (students must have completed 10th, 11th, or 12th grade) to Pignon, Haiti through the organization Haiti Outreach. Information packets with trip details and answers to many frequently asked questions are available in the Children, Youth and Family (CYF) Office or at the Welcome Center.

Space is limited; **applications due Monday, October 17.** Contact Katie Heilman or Brandon Newton for more information, or attend the **next Parent Information Meeting on Thursday, October 6, 6:00 PM.**

High School Bonfires

Wednesdays 8:00-10:00 PM through August 10

Enjoy a summer evening at a bonfire with friends! We will gather at SOTV on Wednesdays for a variety of fun and conversation, and end up hanging out and singing or strumming a guitar around the fire in the "backyard." Invite friends or people you met at camp or on a summer trip!

## School Supply Drive



Rosemount Family Resource Center, part of 360 Communities, has received donations of school supplies since the school supply outreach began. This year we will donate supplies for 75 students. Children's Home Society and Family Services (CHSFS) of Dakota County, in Apple Valley, is a safe place for children of families in crisis. They have requested supplies for 10-15 children.

**Here's how you can help:**

- Pick up supply list/information sheet at church entrances
- Shop and drop off supplies by August 21
- Make a monetary donation to be used for supplies (note school supplies on memo line)
- Help pack supplies on August 24 at 9 AM and 6 PM
- Help deliver supplies by August 27

Questions? Contact: Lisa Loher (651) 683-9127.



WEEKLY

# News for the Flock

Weekend of August 6-7, 2011

## Welcome!

Whether you are married, single, aging or young, there are many great opportunities to Gather, Grow, & Give in Christ at Shepherd of the Valley (SOTV) Lutheran Church.



PAGE 2



PAGE 3



PAGE 2

**As always, there is more information online at [www.sotv.org](http://www.sotv.org).**

## Shepherd of the Valley

Lutheran Church, ELCA  
12650 Johnny Cake Ridge Road  
Apple Valley, MN 55124  
[www.sotv.org](http://www.sotv.org)

Children, Youth & Family Office  
(952) 432-6385

Church Office: (952) 432-6351

**Celebration Worship**  
Saturdays 5 PM  
Sundays 8:30 & 10:30 AM

**"The Table" Worship**  
Sundays 10:30 AM

**"Cabin Worship"**  
Mondays 7:00 PM



## Summer Mission Trip Postcards: Green Bay

A group of 27 students in 8-9th grade and six adults from Shepherd of the Valley (SOTV) traveled to Green Bay to serve through the local YouthWorks program. The trip was a life-changing experience for many of the teens involved.

The trip challenged youth to "Be Different" in the ways we believe, act, react, and love. But youth started to think different too—especially about the importance of serving others. Green Bay is a very similar community to Apple Valley, but many residents struggle with poverty and homelessness. The group served at 12 different sites including a soup kitchen, homeless shelter, thrift stores, and a Boys and Girls Club, among others.

This time serving others resonated strongly with the students, and got them thinking about the needs of people at home in Apple Valley. The group plans to continue serving together as a group throughout the school year. They will be next found packing meals at Feed My Starving Children on August 18.

We are very proud of our Green Bay group and their pledge of service!

## Thank you, blood donors!

Our latest Red Cross blood drive, held at Shepherd of the Valley (SOTV) on July 28, was successful in collecting **103 units** of much needed blood. Thank you to everyone who donated blood or volunteered in any way at the blood drive. Each donation can help save the lives of up to three people! The next SOTV sponsored blood drive is **Tuesday, February 7**, but whole blood donors can give every 8 weeks! Learn more at [www.redcrossblood.org](http://www.redcrossblood.org).

## Spotlight Tables this weekend:

- Pipe Organ Fund
- Tanzania Travel (more info p.2)

## Fall worship schedule begins September 10-11:

Celebration Worship in the Sanctuary: Sat. 5:00 PM, Sun. 8:30, 9:45 & 11:00 AM. "The Table" Worship in the Great Hall: Sun. 9:45 & 11:00 AM.

**The last Monday night "Cabin Worship" is August 29.**

## All Ages



## Volunteers Needed for Special Needs Support

Fall GodZone and Confirmation registration has begun and our SAIL Ministry (Showing All Individuals Love) needs passionate people to be:

- **One-on-one assistants** to a child. Can be any age (youth, seniors etc.)
- **GodZone teachers** who would embrace having children with special needs in their class.

If you are interested in volunteering for GodZone, contact Mim Campbell at (952) 985-7350 or e-mail [Mim.Campbell@sotv.org](mailto:Mim.Campbell@sotv.org).

To volunteer for Confirmation, contact Katie Heilman at (952) 985-7360 or e-mail [Katie.Heilman@sotv.org](mailto:Katie.Heilman@sotv.org).

General questions about SAIL? Contact Lisa Hegerman at (952) 985-7329 or e-mail [Lisa.Hegerman@sotv.org](mailto:Lisa.Hegerman@sotv.org).



## Blessing of Backpacks

August 27-29 at all worship services!

Take a moment among your many *back-to-school* activities to give your children the opportunity to receive a blessing! Students of all ages are invited to come with or without their backpacks! A special gift will be given to remind them that God goes *back-to-school* with them.

## Got News for the Flock?

Submissions are due for the weekly newsletter every **Tuesday at Noon**. Contact Trip Sullivan at (952) 985-7311, or [Trip.Sullivan@sotv.org](mailto:Trip.Sullivan@sotv.org).

**Online versions** of our newsletters are at [www.sotv.org/news](http://www.sotv.org/news).

## Save the Date:

### Golf for the Good

Social Ministries Fundraiser  
Saturday, September 24

## Baptisms

Baptism class is required for families preparing for their first baptism at SOTV.

Contact Merilu Narum at (952) 985-7326 to schedule your baptism with the church one to two months in advance. Baptism forms must be completed prior to scheduling and are available at the Welcome Center or online.

## Preschool Registrations

Celebrating Children Preschool is now accepting registrations for the 2011-12 school year. Preschool has classes for 3 & 4 year olds, 4 & 5 year olds and a High Five class.

For more information or to register please go to Children, Youth & Family Ministries at [www.sotv.org](http://www.sotv.org).

## Nursery & KidCare

Jill Schroeder (952) 985-7352

During worship hours, nursery is available at no charge for children ages six weeks through three years.

For programs other than worship, Shepherd of the Valley's KidCare provides childcare for children ages six weeks - 12 years. Pre-registration and pre-payment are required. Register online at [www.sotv.org](http://www.sotv.org).

## Friday Mornings Out Accepting Registrations

FMO engages children in age appropriate activities such as music, crafts, and more, providing a respite for parents.

Tuition is \$423 per year or nine monthly payments of \$47. For more info call (952) 985-7354 or e-mail [Susan.Mitsch@sotv.org](mailto:Susan.Mitsch@sotv.org).

## Parish Nurses

Parish Nurses are available for care and consultation on any number of health issues. Rose Mahlum, RN is the lead nurse on staff at SOTV.

Rose can be reached at (952) 985-7365 or [Rose.Mahlum@sotv.org](mailto:Rose.Mahlum@sotv.org). Her office consultation hours are Tuesdays and Fridays from 9:00 - 11:00 AM.



to connect with others in fellowship

## Artist's Corner Outing: Japanese Garden at Como Park Zoo

**Saturday, August 13**  
**Meet in the church parking lot at 8:15, leave at 8:30 AM**

Bring your pencils, pastels, camera, or watercolors. All ages and skill levels are welcome. For full details, e-mail Dick Reynolds at [dick@atomba.com](mailto:dick@atomba.com).

## Couples' Event: Feed My Starving Children

**Saturday, September 17**  
**4:30 - 6:30 pm**  
**75 spots available at Eagan site**

Optional dinner after the event, location TBD.



through time,  
talent, & treasure

## Tungamalenga: July 2012

**Are you thinking about taking the journey of a lifetime?** Become an ambassador from Shepherd of the Valley and experience the wonders of the African savannah, sing, dance, and learn Swahili, and share your days with our partners in remote villages of Tanzania.

**Find out more at these Travel Info Sessions:**  
Sunday, August 7 & 14 at 9:40 AM

Questions? Contact [Kirsten.Levorson@sotv.org](mailto:Kirsten.Levorson@sotv.org)

Learn more by visiting the online blog at [tungamalenga.blogspot.com](http://tungamalenga.blogspot.com).

## Mission & Ministry Safari 2011

**Rally Weekend, September 10-11**  
**Between services in the Atrium**

To kickoff the fall schedule, we will highlight all 2011-12 ministries, classes, groups and volunteer opportunities in ONE place and at ONE time in a fun, carnival-like atmosphere. Come enjoy special treats and music, and visit ministry tables in order to find new ways to get connected at Shepherd of the Valley.

## O.K.'s (Older Kids)

**Monday, August 15**  
**"Pie with Pastor Paul"**  
**At the Harringtons' House**  
**14308 Cobbler Ave, Rosemount**

Due to the size of the group in the past, we have two times to join the Harringtons in their home for coffee and pie. 10 AM (last names starting with A-L) and 2 PM (last name starting with M-Z).

**Fall Retreat at Camp Wapo**  
**September 20-23**

A fun, relaxing and spiritual weekend with studies led by our favorite pastors, camp fires, great food and more! Cost is \$165 and includes three nights lodging, seven meals, and several "little somethings." Pick up registration info at the Welcome Center.



## Our Daily Bread Food Shelf

**Summer Food Drive continues all August**

Thank you to everyone who has already brought in donations for our summer food drive—it's not too late to participate! We'll track donations the whole month of August. Yellow bags and lists are located by both entrances and outside the Great Hall. Kits for coordinating your own drive are at the welcome desk and outside the Great Hall.

## Support Prince of Peace's "Mega Sale"

Did you know that Prince of Peace Church in Burnsville supported our Annual Garage Sale in May? They loaned us hundreds of tables and racks, which allowed us to raise an additional \$1000 for children in need.

Let's support Prince of Peace by attending their "Mega Sale" August 25-27. They are also looking for volunteers or items to be donated for their sale.

For more information, go to [www.princeofpeaceonline.org/megasale](http://www.princeofpeaceonline.org/megasale).

## Women in New Konnections (WINK)

For women who attend church alone and want to connect with others. Find us in the Narthex each Sunday.

**Please register for upcoming events online or at the Welcome Center:**

**UMore Park Open House**  
Thursday, August 18, 4:00 - 8:00 PM

UMore's yearly "Open House" features hay wagon rides, insects, raptors, MN wine tasting, honey bee knowledge, experimental gardens, a butterfly garden, corn on the cob, lemonade, food booths, vegetables, roses, perennials, new varieties, shade plants, herbs, blueberries, daylilies, and more.

We'll meet in the church parking lot at 3:45 PM (rain or shine). Sign up for this free event at the Welcome Center or online.

**Dinner at Le Cordon Bleu**  
Friday, September 9 at 5:00 PM  
Tickets: \$15.00

## The food shelf's most wanted this week:

spaghetti sauce, stew, tuna, and kidney beans

**Please check the white boards for up-to-date needs.**

Thank you for your support!

## Volunteers Needed

Worship services don't happen by accident. They are only possible with the help of many volunteers who bring their gifts and talents to the The Table and Sanctuary every week.

Volunteers are needed in every aspect of worship including:

- Ushers
- Greeters
- Communion Assistants
- Readers
- Musicians

Contact Mark Ertl, Director of Music and Worship, at [Mark.Ertl@sotv.org](mailto:Mark.Ertl@sotv.org) if you are willing to serve in any of these ways.



through Bible study,  
education, & support

## SUMMER CLASSES

### Living the Questions

Sundays through August 28  
9:30 - 10:30 AM  
in the Chapel  
between services  
Cost: None

### Liz Curtis Higgins' "Loved by God"

A Women's Small Group  
Sundays, through August 14  
10:30 - 11:30 AM  
Cost: \$15

## Depression Support Coalition

Offering information, education, support, and spiritual hope to those affected by depression, as well as their families.

### Support Group Meetings

**For family members and loved ones of those with depression:**  
6:30 PM Tuesday evenings  
Contact: Randy Goeke (952) 240-2754

**For individuals with depression:**  
6:30 PM Tuesday evenings  
or 10:00 AM Wednesday mornings  
Contact: Richard Erickson (651) 788-0275

**Location:** Prince of Peace Lutheran Church  
13901 Fairview Drive, Burnsville  
Christian Life Center, Room 110

### Monthly Educational Speakers

**"Depression: An Illness,  
Not a Character Defect"**  
John Hottinger

**Monday, September 12**  
**7:00 - 8:30 PM**

Location: St. John the Baptist  
Catholic Church  
4625 West 125th Street  
Savage, MN 55378

Contact: Jim Rylander  
(952) 890-9465

## Adult Education

### FALL EDUCATION PREVIEW

### Bible Basics

Tuesdays, 6:30 - 8:00 PM  
Six week beginners' study  
Starts September 13  
Cost: \$10

### Women's Bible Study: "Having a Mary Heart in a Martha World"

Mondays, 7:00 - 8:30 PM  
12 week study  
Starts September 12  
Cost: Free. Participants should buy a copy of the book on their own.

### I and II Samuel

Thursdays, 7:00 - 8:30 PM  
Eight week study with  
Pastor Duane Paetznick  
Starts September 22  
Cost: \$10

## Care & Support

### DivorceCare

Thursdays, 6:30 - 8:30 PM  
Starting September 8  
Cost: \$15, includes new workbook

Video series featuring experts on divorce and recovery, with a new topic each week. Each session includes support group time to share real life experiences. Scholarships are available.

### GriefShare Support Group

Thursdays, 6:30 - 8:30 PM  
Starting September 15  
Cost: \$15, includes new workbook

Video series featuring Christian experts on grief and recovery topics. Each session includes support group time to discuss the video and share their grief. Facilitated by Pastor Diane Sponheim and Pat Drake, Parish Nurse. Contact Pat Drake at (612) 384-3403.

### Compassionate Friends South of the River

Meets every 3rd Tuesday at 7:00 PM. For all parents who are grieving the loss of a child of any age from any cause. Contact: Susan Ferber, (651) 683-9236, [susan@ferbers.us](mailto:susan@ferbers.us).

### More Support Groups

See the *rightmost sidebar* for more support groups. For more information about any of these groups please contact Julie Opheim at (952) 432-6351 or e-mail [Julie.Opheim@sotv.org](mailto:Julie.Opheim@sotv.org).

## Ongoing...

### Knitters & Crocheters

Want to make Prayer Shawls?  
Contact: [Jill.Johnson@sotv.org](mailto:Jill.Johnson@sotv.org)  
or (952) 985-7381.

### Down Syndrome Parent Support Group

Every 3rd Monday, 6:30 - 8:30 PM.  
Contact Suzy Runkel at (952) 891-5082 or [suzynelson@hotmail.com](mailto:suzynelson@hotmail.com).

### Faith Partners: Promoting Chemical Health

If you or someone you know is affected by chemical abuse, please contact Karen (952) 201-6193 or Scott (952) 431-2566.

### CBC (Challenged by Cancer)

For women living with cancer to gather and support each other. Meets every 2nd Tuesday 7 - 9 PM. Contact: Cher Nelson, Parish Nurse, (612) 209-1404, [cher.nelson@sotv.org](mailto:cher.nelson@sotv.org)

### Sarah Circle Bible Study

2nd Saturdays, 8:30 - 9:30 AM  
No meetings in August  
Contact: Judy Anderson  
(651) 207-8407

### Shalom Circle Bible Study

3rd Thursdays, 1:30 - 3:30 PM  
No meetings in August

### Wednesday Coffee for Men

Wednesday at 9:00 AM in the Atrium

### Men's Bible Studies

Tuesday Mornings: 6:00 - 7:00 AM

Friday Mornings: 6:30 - 8:00 AM

Contact: Pastor Chris Steubing  
(952) 985-7306

### Job Connections Group

Unemployed, underemployed, or in job transition?

**"Job Search Toolkit Update"**  
**Tuesday, August 9, 6:30 - 8:15 PM**  
**Prince of Peace, Burnsville, MN**

More info: (952) 898-9388  
[www.princeofpeaceonline.org/jcg](http://www.princeofpeaceonline.org/jcg)

## POSITION AVAILABLE

### • Part-Time Custodian

Full job descriptions are available at: [www.sotv.org/jobs](http://www.sotv.org/jobs). Please contact Jennifer Maxwell if you are interested at (952) 985-7313 or [Jennifer.Maxwell@sotv.org](mailto:Jennifer.Maxwell@sotv.org).

= Register online or at the Welcome Center. Get more info at [www.sotv.org](http://www.sotv.org)



Get your News for the Flock by e-mail. Sign up at [www.sotv.org](http://www.sotv.org).