



“Cards from the Heart” Greeting Cards

Bringing comfort and encouragement to residents of Presbyterian Homes and Services nursing homes. Cards can be made from recycled greeting cards (cutting and pasting pictures) or created through your artistic skills. Consider using designs and messages of encouragement. We also have a need for some cards which are blank inside, to allow residents to send notes to loved ones. We ask that the card creator also use a message such as “created for you by...” on the back of the card.

Instructions:

- Message needs to be easy to read and can be brief.
- Messages should be uplifting and encouraging.
- Try to keep it about the upcoming season or holiday.
- **Try not to use bright colors for the paper as bright colors are hard on older adults’ eyes.**
- Try to write in bigger letters as it is hard to read small print.
- Please keep track of time spent on project and how many volunteers participate and log this information in a volunteer note.
- Sign first name on the back of the card. **(No last names, unless you have a previous relationship with a patient.)**
- Work with your Volunteer Coordinator on how to send cards to a patient.

Possible Messages:

Spring Messages

- Spring flowers bring new life
- I planted some smiles just for you ... so they'd bloom today and the whole year through
- Kind hearts are the GARDEN, Kind thoughts are the ROOT, Kind words are the BLOSSOMS, Kind deeds are the FRUIT.
- Mary, Mary, quite contrary, how does your garden grow,
with silver bells and cockle shells, and pretty maids all in a row.
- Nothing is so beautiful as the new growth of spring
- Those who plant kindness harvest love. And your garden must be overflowing
- Wishing you a bouquet of beautiful memories
- This spring be refreshed, embrace freedom, have fun, and rejoice in God’s faithfulness
- May your day be blessed and bright, HAPPY SPRING
- May your heart be refreshed, as the earth is refreshed and renewed by spring

*If you have questions, please contact:
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