

Discovering Who You Are

Take Home Activity

Discovering who you really are is essential because purpose is created from within. A purpose is having an important mission, a true calling or a passionate pursuit. Your purpose won't appear on its own. If you haven't found your purpose, it's important to take some time – days, months or longer – to explore your deeper self. Below are some questions to ask yourself. Start answering these questions for a few minutes now and then take them home and continue thinking about them and adding to them over the next couple weeks.

1. What is extremely important to me?
2. What makes me happy?
3. What made me happy in my childhood and my teens that I would like to do again?
4. What made me happy in my career that I would like to continue doing?
5. What would make me a much happier person? (Having a lot more money or becoming famous can't be one of them.)
6. What talents or skills am I most proud of?
7. What field of endeavor invariably challenges me in new and exciting ways?
8. What makes me feel most creative?

9. What special talent have I neglected while putting in long and hard hours in my career?

13. How can the church help in this journey during retirement years?

10. What would I like to do that I have always wanted to do, but never got around to doing?

Please consider completing answers to these questions this week and add to your answers over the next couple weeks as you may gain some new insights over time.

11. How would I like to make the world a better place in my own way?

12. What sort of legacy would I like to leave?