

Karin's Favorite Sexuality Education Resources for Youth and Parents

Favorite Websites—

For parents and youth:

www.amaze.org (videos)

www.scarleteen.com (articles & illustrations)

www.plannedparenthood.org/learn/roo-sexual-health-chatbot (chat bot)

www.gchristian.org (fellowship & resources for LGBTQIA Christians and allies)

For parents:

www.sexpositivefamilies.com (comprehensive list of topics and resource types)

www.pflag.org (family and ally organization)

Favorite Books—

“Sex is a Funny Word” by Cory Silverberg

“Wait, What?” by Heather Corinna

“Queerfully & Wonderfully Made: A Guide for LGBTQ+ Christian Teens” by Leigh Finke

Community Resources:

- Family Tree Clinic, Annex Teen Clinic, & Planned Parenthood Clinics
- Our Whole Lives (OWL) classes (grades K-1, 4-6, 7-9 & 10-12, young adult, adult and older adult): A comprehensive, inclusive, secular curriculum, sometimes presented in conjunction with a faith companion guide. Inquire with local UCC or UUA congregation for availability (many classes on hold during pandemic)
- GSA clubs (www.gsanetworks.org)
- Therapists who specialize in serving the LGBTQIA+ community
- Workshops and coaching with me or other Comprehensive Sexuality Educators