

Maundy Thursday: The Last Supper

Jesus had a final meal with his friends the night before he died, Maundy Thursday. Jesus gave them a way to remember him after they could no longer see him everyday. His friends began to share this special meal. Today we share this meal, too! When we gather to receive communion, we believe that Jesus is really truly present with us.

Read: Luke 22:14-23, the story of the Last Supper (Spark Story Bible page 462).



Wonder:

- What important thing(s) does Jesus say at the Last Supper? What important things does he *do*?
- Can you imagine sitting at the table with Jesus and his disciples for this special meal? How do you think you would be feeling?
- How does it feel to be present for Holy Communion in church today? What questions do you have?

Bake: Communion Bread (Recipe from Luther Seminary <https://inside.luthersem.edu/community-care/chapel/>)

1. Sift dry ingredients together **three times**: (important!)

- ◇ 2 c whole wheat flour
- ◇ 1 c white flour
- ◇ 1 & 1/4 tsp baking powder
- ◇ 1 & 1/4 tsp salt

2. Stir in 4 tsp oil. Set aside.

3. Mix wet ingredients together until dissolved:

- ◇ 3/4 cup + 2 Tbsp very hot water (minimum of 180 degrees F)
- ◇ 3 Tbsp honey
- ◇ 3 Tbsp molasses

4. Add wet ingredients to dry ingredients and mix well. Dough should be slightly sticky. Do not knead.

5. Divide into four balls and flatten each into a 1/4 inch thick disk.

6. With a knife, score a cross on the top of each loaf.

7. Lay the loaves on a baking sheet. Bake at 350 degrees for 10 minutes. Remove from oven and brush the tops of the loaves with oil. Bake an additional 5-8 minutes. Let cool.

Yield: four 8 oz. loaves. The loaves freeze well. Use them for communion, or with a meal. Consider sharing with friends and neighbors!



Pray: *Dear Jesus, as we celebrate Maundy Thursday and remember how you shared a special meal with your disciples, help us to say "yes" to your invitation to us to join you. Remind us that there is a place for everyone at your table. Amen.*