Popside Prompts!

You can participate in Planting Hope this Lenten season by talking with others and praying with and for them! "Popsicle Prompts" make it fun to incorporate prayer and meaningful conversation into your day. Gather a handful of popsicle sticks and fill them with topics for prayer or conversation—then, whenever you feel stumped, pull a prompt for a quick check-in with God and people who are important to you!

Don't have any of the supplies? Print out this page for your own DIY Paper-Popsicle-Prompts at home!

What are you thankful for today?

Prayers for our neighbors,
who is our neighbor?

How did you create peace today?

What are you struggling with,
pray to God for peace.

What are you thankful for today?

Where are you feeling weak/down, pray to God
for strength.

Prompts for "Popsicle Prompts":

Prayers of PRAISE: acknowledging all the great things God has done.

Prayers of THANKS: Thanking God for what has been given to us

Prayers for OTHERS: Asking God to help other people.

Prayers for MYSELF: Asking God to help me

- Give me strength to...
- Help me to get along better with...
- Forgive me for...